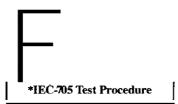


## Spacemaker® Microwave Oven

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Model JVM152J



**GE Appliances** 

#### Auto Roast Guide

 $\bullet$  Place meats in a cooking bag in microwave-safe dish. (Refer to package instructions for proper use of cooking bag. )

•Recommended codes are also shown on guide behind door, on front of oven.

• Insert probe as described on page 12.

Food	Code	Final Temp.	Approx. Time (minutes per pound)	Hold* Minutes	Doneness Display
Beef (5 pound max.)	Γ				
Tender Roast Medium	TTTT	160°F.	13-15	0	MEd
Well	2	170°F.	15-17	5-10	WELL
Pork (5 pound max.) Loin Roast	2	170°F.	15-19	10	WELL
Poultry (6 pound max.) Turkey Breast (Insert probe horizontally into meatiest area.)	3	185°F.	17-20	10-15	WELL

\*Recommended standing time before serving.

### Automatic Simmer Guide (Auto Roast Code 4)

Food	<b>Final</b> Temp.	<b>Approx.</b> rime/Hours	<b>Doneness</b> Display	Comments
Beef Pot Roast	180°F.	5-7	SIM	Add enough liquid to just cover
				meat. If adding vegetables make sure they are completely covered by liquid.
Chili	180°F.	5-8	SIM	Precook meat. Place probe I inch from top surface. Stir after 3 hours, if possible.
Chicken				
Stewing	180°F.	4-6	SIM	Add 4 cups liquid. Insert probe into meatiest area of inner thigh from below end and parallel to leg. Turn over after l/2 of time.
Broiler/Fryer	180°F.	3-4	SIM	Same procedure as above.
Ham or Pork Roast	180°F.	4-6	SIM	Add 4 cups liquid.
soup Stock/Vegetable	180°F.	7-10	SIM	Make sure that vegetables and meat are covered by liquid. Stir every 3 hours.
Split Pea	180°F.	5-7	SIM	Add enough liquid to cover peas at least 2 inches. Stir after 3 hours.

#### Automatic Simmer (Auto Roast Code 4)

Your cookbook has information on Automatic Simmering, including guides and recipes.

Total time includes time to bring food to 180°F., and hold at that temperature until done.



Set Auto Simmer like Auto Roast as explained on page 12. Display shows "SIM" and "CODE 4."

## 

Oven switches to Hold at 180°F., and continues holding at 180°F. until you remove food and turn off oven. If stirring is recommended, you can restart oven by touching the START pad again. Touch CLEAR/OFF pad after cooking.

### Automatic Cooking Control Guide

•Do not open oven door during Auto cycle. When oven signals and time, counting down, is displayed, door may be opened for stirring, turning or rotating food. To resume cooking, close door and touch START pad.

. Match the amount of food to the size of the container. Fill containers at least 1/2 full.

 $\bullet$  Add 1/4 to 1/2 cup water to fresh vegetables.

•Foods should be covered with lid to dish or vented plastic wrap to prevent spattering and keep oven clean. Spareribs, pot roasts and meat loaf should be covered tightly to ensure even cooking.

• Be sure outside of container and **inside** of oven are dry.

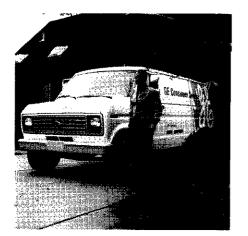
• After completion of Auto Cook cycle, if food needs additional cooking, return food to oven and use Time Cook to finish cooking. • To adjust cook time to suit individual tastes, add a "l" or "9" to code number when entering Auto Cook code. See page 20 for instructions.

• Use of Auto Cook feature with oven shelf is not recommended.

Food	Auto Cook Code	Container	Approx. Time	Comments	
<b>Canned Foods</b> Thin—water and milk-based soups, sauces, gravies	1	Microwave-safe container matched to amount of food.	3 to 4 min. per cup	Cover with lid to dish or plastic wrap.	
Thick—chili, beef stew, ravioli, spaghetti, chunky soups	2	Microwave-safe container matched to amount of food.	3 to 4 min. per cup	Cover with lid to dish or plastic wrap.	
Vegetables–8 to 16 ounces	2	Microwave-safe container matched to amount of food.	4 to 8 min.	Cover with lid to dish or plastic wrap.	
Leftovers	2	Plate or microwave- safe container matched to amount of food.	2 to 4 min. per serving	Cover with lid to dish or plastic wrap.	
<b>Convenience</b> <b>Foods</b> Frozen dinners (with entree and 2 vegetables or vegetable and pasta)	4	Package tray or plate	6 to 10 min.	Cover with plastic lid to plate or leave plastic covering in place on tray.	
Frozen dinner					
entree (individual) Pouch Tray	3 5	Pouch Tray	3 to 6 min. 8 to 11 min.	If tray has foil cover, replace with plastic wrap.	
Frozen dinner entree (2 to 3 servings)	5	Tray	18 to 22 min.	If tray has foil cover, replace with plastic wrap.	
Frozen breakfast entrees	3	Package wrap or tray	3 to 5 min.		
Grocery-Shelf dinner entrees	3	Package	3 to 5 min.		

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With the purchase of your new GE appliance, receive the assurance that if you ever need information or **assistance** from GE, we'll be there. All you have to do is cdl—toll-free!



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# Service Contracts 800-626-2224

You can have the secure feeling that GE Consumer Service will still be there after your warranty expires. Purchase a GE contract while your warranty is still in effect and you'll receive a substantial discount. With a multiple-year contract, you're assured of future service at today's prices.



# Parts and Accessories 800-626-2082

**Individuals qualified to service their own appliances can** have needed **parts** or accessories sent **directly** to their home, free of shipping charge! The GE **parts** system provides access to over 47,000 parts.. and **all** GE Genuine Renewal Parts are fully warranted. **VISA, MasterCard** and Discover cards are accepted.

User maintenance instructions contained in this **booklet** cover **procedures** intended to be performed by any user. Other servicing **generally should** be referred to **qualified** service personnel. Caution must be exercised, since improper servicing may **cause** unsafe operation.

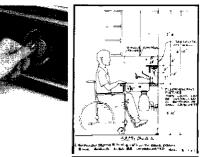


# **GE Answer Center**® 800.626.2000

Whatever your question about any GE major appliance, GE Answer Center<sup>®</sup> information service is available to help. Your call—and your question—will be answered promptly and courteously And you can call any time. GE Answer Center<sup>®</sup> service is open 24 hours a day, 7 days a week.



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